

Stressed Out

By Adam Yao

Age: 6

People say kids are not supposed to have stress, but there is one thing that used to stress me out: my mom coming home late from work. She promises to be home at around 6 pm everyday. When she was late, I was worried that she might be in a car accident. I always asked my dad, "Did mommy get into an accident?" He always said, "No, don't worry." I didn't always believe him.

Once my mom came home at 8 pm. I was stressed from 6 to 8 pm. When my mom got home, I asked her if she got into an accident. She said no, it was just a long day at work. This made me feel a lot better. Now, when my mom comes home late, I know that she is safe at work.